



I COOK YOU SERVE

Convenient Homemade Food. Just the way you want it.



Working Lunch Menu



Option 1

Wrap, grapes and crudities with houmous dip. Filling options are cajun chicken, BLT or spinach and mushroom with houmous.

£6.00 per head



Option 2

Soup and a sandwich, with crudities and dip. Vegetable soup or spicy squash soup or chicken soup.

£6.00 per head

Option 3

Spicy ricey box. A mixture of spicy vegetables and rice on a bed of spinach with roasted chickpeas.

£6.00 per head



Option 4

Exec. Wrap, frittata, grapes. crudites with dip and protein balls.

£6.50 per portion



Made to be shared, minimum order of £30.00.

We need dietary requirements and numbers when booking.

Ideally we need three working days notice to provide your lunches. The more notice you give us the more flexible we can be.

To order please:

Call Shannon 07504 558 994 or

Email hello@icookyouserve.co.uk

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